

Navpreet Kaur

Warehouse worker

PROFILE

Motivated warehouse worker with a background in food production and logistics. Adept at operating warehouse equipment, maintaining accurate records, and ensuring timely shipment of goods.

CONTACT INFO

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EXPERIENCE

Warehouse worker, Freshstone Inc. Kitchener Oct 2024- present

- Picked, packed, and labeled products for shipment in a fast-paced food production environment.
- Prepared outgoing shipments by packing goods securely.
- Inspected incoming materials for damage and reported discrepancies.
- Assisted with warehouse cleaning and basic equipment maintenance.

EDUCATION

Conestoga college-Doon college

Business-marketing diploma

SKILLS

- Ability to lift heavy items and perform repetitive tasks.
- Team collaboration and communication.

CERTIFICATIONS

WHMIS , Food handler and Smart serve